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The Lhasa Moon Tibetan Cookbook: Tsering Wangmo, Zara ...

The Lhasa Moon cookbook comes from a restaurateur who turned traditional techniques and dishes into popular meals in San Francisco. For the home-cook the collection is an interesting offering. Your current experience and tastes will determine if the recipes inspire or leave you wishing for more.

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The Lhasa Moon Tibetan Cookbook

It also provides an excellent overview of the foods grown in Tibet with their special climate and regional variations; foreign influences; daily meals; the types of household kitchens; food served in monasteries; and food for Tibetan celebrations. A section on special ingredients and substitutions is also included.

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The Lhasa Moon Tibetan Cookbook: Tsering Wangmo, Zara ...

Located on Lombard Street in San Francisco's Marina District, Lhasa Moon is one of the finest Tibetan restaurants in the West. A unique mix of Asian influences and Tibetan regional ones, its cuisine delights vegetarians and meat lovers alike. This cookbook of the restaurant's most popular dishes

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Full Moon Feast invites us to a table brimming with locally grown foods, radical wisdom, and communal nourishment. In Full Moon Feast, accomplished chef and passionate food activist Jessica Prentice champions locally grown, humanely raised, nutrient-rich foods and traditional cooking methods.

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